

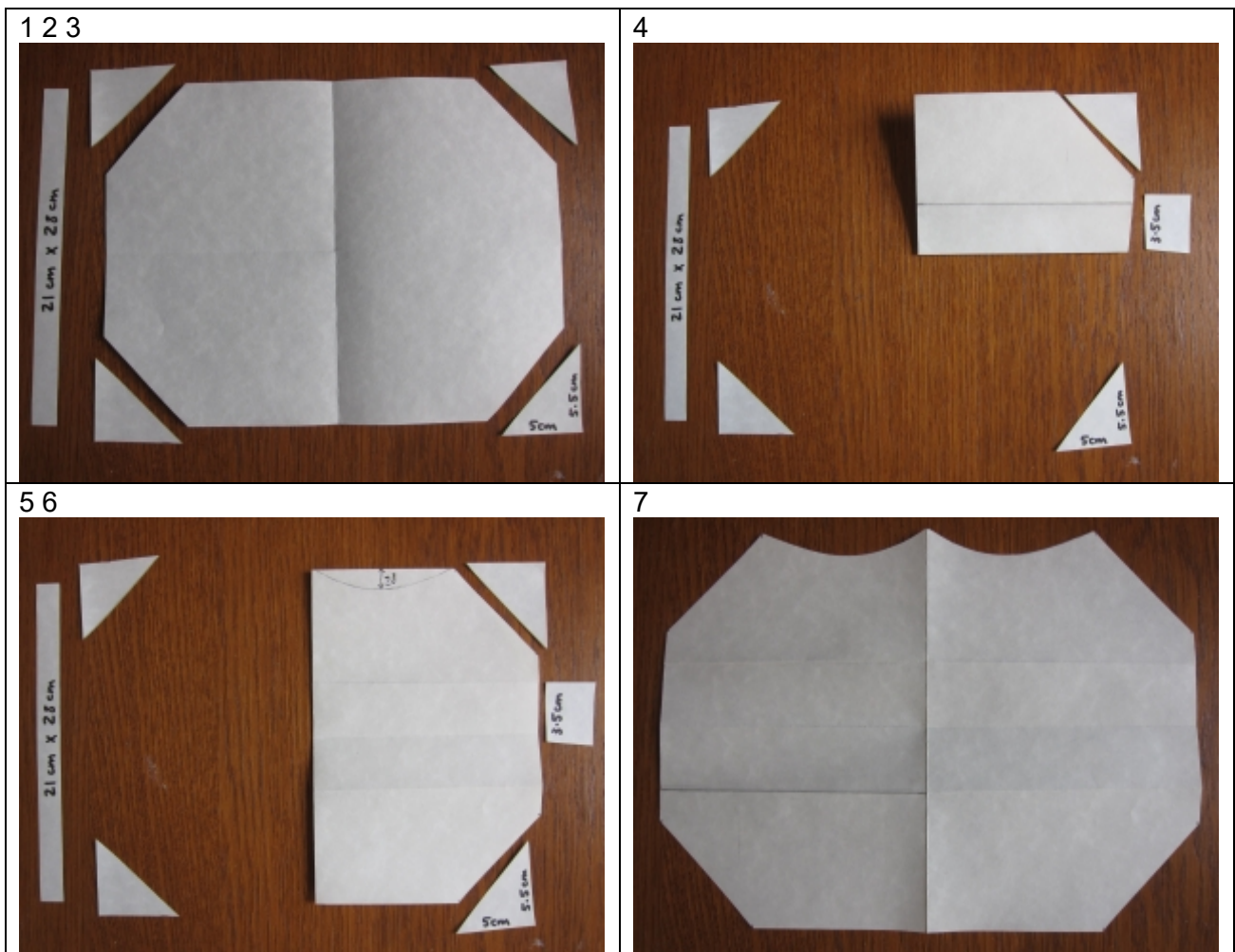
## Face Mask Gentleman Doll Design (this design adapted from the Gentleman Doll website)

**Materials** - Cotton or polycotton shirting / 4mm flat 6 cord elastic / thread

**Tools** - Scissors / sewing machine / thread snips / spatula / ruler / iron

**To make the template** (for Medium Size mask, fits most women)\*

1. Cut a piece of paper H 21cm x W28cm\*
2. From the corners, on the long sides measure in 5cm, on the short sides 5.5cm. Draw a diagonal line and cut off the triangles
3. Fold in half vertically (side to side) then horizontally (bottom to top). Keep folded.
4. Measure up 3.5cm from the horizontal fold, draw a line and fold the line
5. Unflap all horizontal folds so the template remains folded in half vertically (side to side)
6. Mark the centre of the top straight edge. Measure down 12mm and make a mark. Draw a curve from the corners down to the 12mm mark. Cut out the curves
7. Unfold the completed template



\* For Large Size (fits most men) adjusted sizes (alternatively add about 12mm extra to all sides of medium template)

1\* cut a piece of paper H 24cm cm x W 31cm

2\* long sides 6cm, short sides 6.5cm

4\* 4cm

6\* 14mm

## Face Mask Gentleman Doll Design (this design adapted from the Gentleman Doll website)

**To make the mask** (for Medium Size mask, fits most women)\*

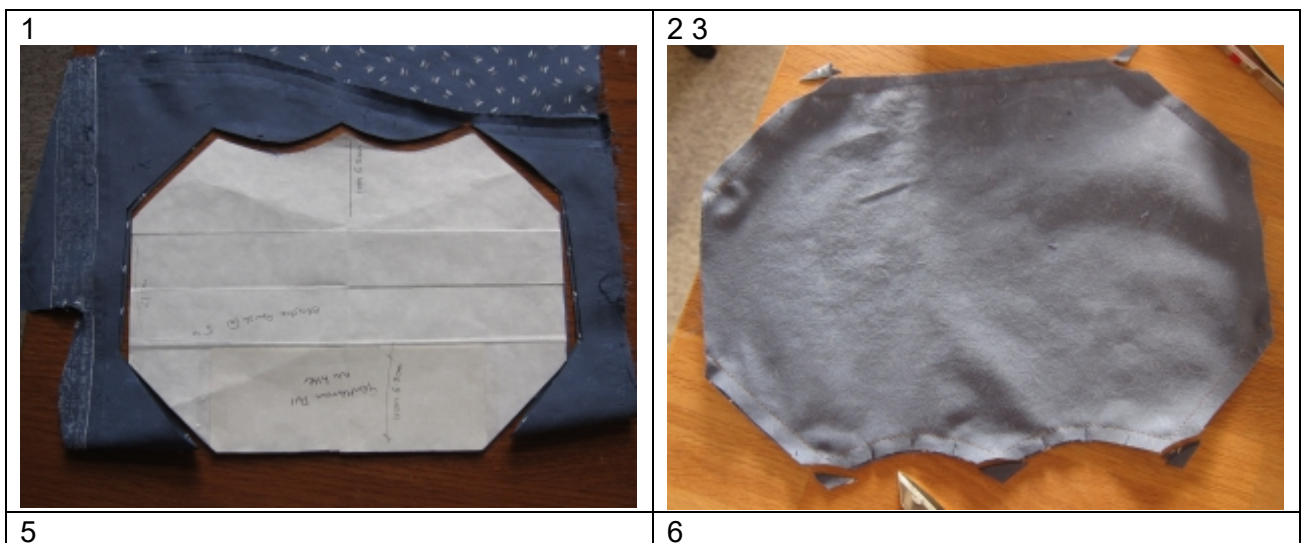
1. Cut out two piece of fabric. Lay them face-to-face
2. Machine sew around the top and bottom (1cm hem), leaving the two vertical ends open.
3. Make 4 snips into the hem of each curve. Snip away all the corners
4. Turn inside out (right sides out)
5. Push out the pointed corners fully (bamboo skewer works well) and push out the seams with a spatula. Iron flat. Make sure the two layers sit flat together with no excess
6. Lay flat on ironing board face side down. Fold bottom edge in 6.5cm and iron a crease. Unfold. Fold top edge down 6.5cm and iron a crease. Unfold
7. Machine around top and bottom edges with 2-3mm seam allowance (leave the ends open)
8. Fold and machine the two horizontal creases with 2-3mm seam allowance
9. Return to ironing board. Fold in half vertically (side to side) and iron a crease. Unfold.
10. [This bits tricky...] for each quadrant of the mask identify the diagonal cut corner and its top end. One quadrant at a time, fold the mask inwards along the horizontal stitched line and using the centre of the horizontal line to pivot, unfold so the top end of the diagonal meets the stitched horizontal line - the other end of the mask will lift up and there will be a triangular fold from the pivot point to the half way along the diagonal corner. Make sure the point at the top end of the diagonal sits exactly on the horizontal stitch line. The fold should be parallel to the open vertical end of the mask. (It might be easier to insert a pin to position). Iron flat
11. Repeat for all 4 quadrants. Tuck one fold under the other at each end (top over bottom looks consistent)
12. Machine stitch across the folds to secure them
13. Double turn the ends in (up to the previous stitching line) and stitch across
14. Cut elastics x2, 16cm. Insert elastic into open ends (1cm+ each end) and stitch (go over 3 times) making sure exposed elastic measures 13-14cm

\* For Large Size (fits most men) adjusted sizes

6\* 7.2cm

12\* cut 19cm. finish 16-17cm

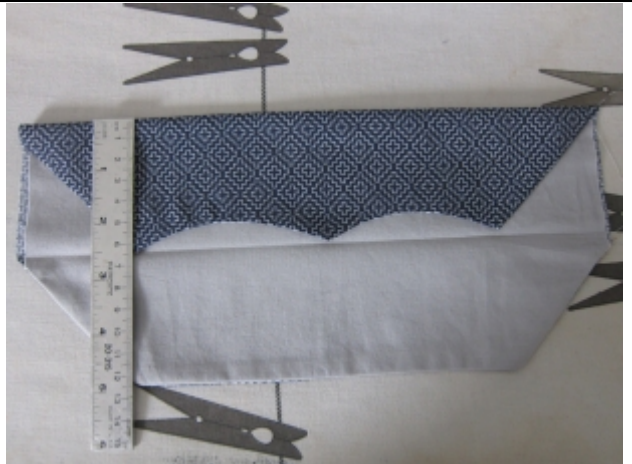
*Note – Inside and outside fabrics can be different. This demo uses pattern on the outside and plain grey on the inside (photos taken of 2 masks with different patterns but the process is the same and both are grey on the inside). Top and bobbin stitches will be seen so use the same for both*



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8



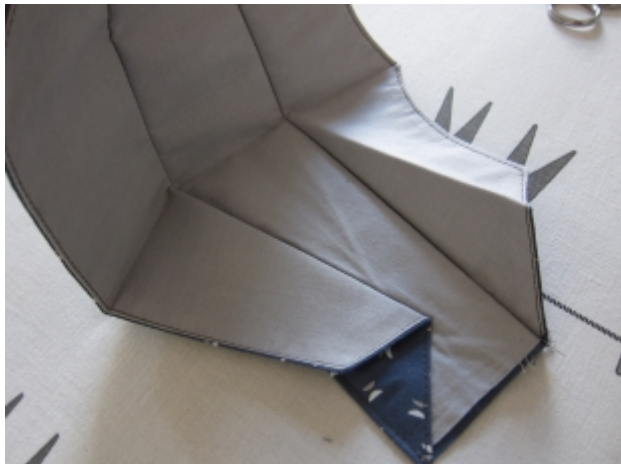
8



9 10 11



12 13



13



14



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Finished!