

# TAKE CONTROL OF YOUR **PROFESSIONAL DEVELOPMENT** WITH THE NEW CPD L

All Icon members now have access to their own personal CPD log in the members area of the website to help you take control of your own Continuing Professional Development.

By identifying your strengths and weaknesses and creating your own personal and professional goals it is possible to plan a long and rewarding career in conservation.

There are almost endless opportunities to support your ongoing professional development. Don't forget CPD really can be simple; it embraces all types of learning from conferences and training sessions to networking and even phone calls with colleagues.

#### So here it is! Your quick guide to using your new Icon CPD log system:

## TAKE 5 Minutes TO:

- Relax and have a cuppa. This is going to be the easiest 1. thing you do all week!
- Visit the Icon website and sign in top right hand 2. corner button. This will take you to your personal information - everything can now be recorded online for super-simplicity. Its **confidential** to you!
- 3. Click on CPD record and start to log your CPD activities.
- 4. Not sure what to write? Take a look at the '(i)'
- 5. Don't forget to explore the Icon website to find out more about CPD.



- Think about your goals and identify new ones by 6. reviewing your CPD log and action plan.
- Complete the relevant parts of your CPD log you can 7. access this as many times as you like.

#### MINUTES TO:

- And that's pretty much it! The next step is to action 8. your plan.
- 9. Job done. Revel in that lovely warm, fuzzy feeling that you have done something to help you today!
- 10. You can now reflect on what you've learned and plan your next steps forward. Make another cup of tea. Push the boat out and have a biscuit! You've deserved it!

### A CPD LOG DESIGNED TO HELP YOU

- Easily record and reflect on your CPD activities
- Identify your strengths and weaknesses
- Plan your CPD goals with a straightforward action plan
- Simply work out how you're going to achieve goals and when
- Consider resources you might need on your way by accessing your log whenever you need it

The Institute of Conservation Icon is a charity and the professional body for conservation, seeking to create positive change for cultural heritage

> Find out more about CPD at: https://www.icon.org.uk/training/cpd